



CITY OF MANCHESTER

Senior Services Department

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Commissioners
Leon Drysdale
Mary Lynn Edwards
Terry Gesel, secretary
Pat Kalik
Sean Parr, Chair

Staff
Kim Drohan SSSII

Senior Services Commission Meeting Agenda SSSII Report January 5, 2022 9:30am via Zoom

I. Programming and Activities

- i. Mask Mandate is in effect for all City Buildings including the Senior Center
- ii. Masks & sanitizing stations are available throughout the center

- Reiki Sessions- January 6th at 1:15pm
- Core & Back Stability Workshop January 7th at 1:00pm
- Senior Storytelling with the Manchester Library- January 10th & 24th at 1:30pm
- Balance & Pain Assessments- January 11th 10:00-12:00pm
- What Is a Doula Anyway? Presentation- January 12th at 11:00am
- Hearing Screenings- January 12th & 24th sign-up
- City of Manchester Assessor's Office Information Session- January 31st at 2:00pm
- Massachusetts College of Pharmacy and Health Sciences (MCPHS) students will facilitate 3 groups starting in January:
 - Healthy Minds, Healthy Lives
 - Healthy Habits
 - Food for Thought

II. Administrative

- i. Kim Drohan submitted an application to The Governor's Office for Emergency Relief & Recovery Covid19 Impact Shelter and Senior Center Program.
- ii. On December 14th Northeast Pharmacy conducted a Covid19 Booster Clinic here at the Senior Center. 30 people received Boosters that day.

III. Building/property maintenance

- i. Work order submitted for doors on Main Street that were not unlatching with button system at reception desk. Doors have been fixed.
- ii. Work order for front laminate peeling off counter. Work order completed.

Join Zoom Meeting

Link: <https://anselm.zoom.us/j/5701505123>